# SPECIAL OFFER FOR NATURAL NEWS READERS with insulin resistance or polycystic ovarian syndrome (PCOS)

## Only \$25 for 18 grams with the code NNEWS A Natural Way to Treat Polycystic Ovarian Syndrome (PCOS) & Insulin Resistance (IR)

D-Chiro Inositol (DCI) is a natural human metabolite derived from the juice of carob pods in a process using only water and alcohol with no residue. It is related to the B Vitamin group.

Scientific studies have shown that DCI increases the body's ability to metabolise sugar and reduces high insulin and androgen levels which cause the symptoms associated with PCOS.

Scientific studies have also shown that women with PCOS and men and women with insulin resistance are deficient at a cellular level in DCI causing problems with sugar metabolism. When study participants received DCI supplementation, their blood sugar metabolism improved dramatically as well as restoring a natural balance in hormone levels.

Whilst the DCI sold by My PCOS Info is already the cheapest available for retail in the world at \$30 AUD for 18 g, as a special introductory offer to Natural News readers only, if you use the code NNEWS when you place your order, **you will receive an additional \$5 discount** on each 18 gram packet ordered.

### To order send an email to dci@mypcos.info

Further information is available at the following webpages:

http://pcosinfo.files.wordpress.com/2009/12/dci-flyer1.pdf

#### http://pcosinfo.wordpress.com/treatments/natural/dci/

#### http://pcosinfo.wordpress.com/what\_is\_pcos/what-causes-pcos/

#### Scientific Research:

Nestler JE, Jakubowicz DJ, Reamer P, Gunn RD, Allan G (1999). "Ovulatory and metabolic effects of D-chiro-inositol in the polycystic ovary syndrome". N. Engl. J. Med. 340 (17): 1314-20. PMID 10219066.

Nestler JE, Jakubowicz DJ, luorno MJ (2000). "Role of inositolphosphoglycan mediators of insulin action in the polycystic ovary syndrome". J.Pediatr. Endocrinol. Metab. 13 Suppl 5: 1295-8. PMID 11117673.

Larner J (2002). "D-chiro-inositol--its functional role in insulin action and its deficit in insulin resistance". Int. J. Exp. Diabetes Res. 3 (1): 47-60. PMID 11900279.

Luorno MJ, Jakubowicz DJ, Baillargeon JP, et al (2002). "Effects of D-chiro-inositol in lean women with the polycystic ovary syndrome". Endocrine practice 8 (6): 417-23. PMID 15251831.

Sun TH, Heimark DB, Nguygen T, Nadler JL, Larner J (2002). "Both myo-inositol to chiro-inositol epimerase activities and chiro-inositol to myo-inositol ratios are decreased in tissues of GK type 2 diabetic rats compared to Wistar controls". Biochem. Biophys. Res. Commun. 293 (3):1092-8. PMID 12051772.

Cheang KI, Essah P, Nestler JE (2004) "A Paradox: The role of inositolphosphoglycans in mediating insulin sensitivity and hyperandrogenism in the polycystic ovarian syndrome" Hormones 3(4):244-251

Baillargeon JP, Apridonidze T, Diamanti-Kandarakis E, luorno M, Ostlund RE, Nestler JE (2006) "Altered D Chiro Inositol urinary clearance in women with polycystic ovarian syndrome" Diabetes Care 29(2):300-305

Salley KES, Wickham EP, Cheang KI, Essah P, Karjane N, Nestler JE, (2007) "Glucose Intolerance in PCOS: AES Statement" J Clin Endocrinol Metab 92(12):4546–4556

Cheang KI, Baillargeon JP, Essah P, Ostlund RE, Apridonidze T, Islam L, Nestler JE (2008) "Insulin stimulated release of d-chiro inositol-containing phosphoglycan mediator correlates with insulin sensitivity in women with polycystic ovarian syndrome" Metabolism Clinical and Experimental 57:1390–13